Christie A. Befort, Ph.D.

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CURRENT POSITION

Research Assistant Professor 2006-	University of Kansas Medical Center Department of Preventive Medicine & Public Health

EDUCATION

Postdoctoral Fellow 2004-2006	University of Kansas Medical Center Department of Preventive Medicine & Public Health
Psychology Intern 2003-2004	VA Palo Alto Healthcare System APA-Accredited Pre-Doctoral Clinical Psychology Internship Behavioral Medicine Track
Doctor of Philosophy 2000-2004	Colorado State University Department of Psychology, Counseling Psychology Program Dissertation: Aspects of Health-Related Quality of Life among Clinically Localized Prostate Cancer Patients
Master of Science 1998-2000	Arizona State University Department of Psychology in Education, Counseling Psychology Thesis: Body Image, Self-Esteem, and Weight-Related Criticism from Romantic Partners
Bachelor of Science 1993-1997	University of Texas at Austin Suma Cum Laude Major: Exercise Science/Kinesiology Minors: Biology and Psychology

HONORS

American Cancer Society Fellowship, Awarded 2005
Cancer Prevention and Research Foundation Fellowship, Awarded 2005
NIH Summer Institute Fellow, Randomized Clinical Trials Involving Behavioral Interventions, 2005
CDC-Sponsored Public Health and Physical Activity Fellow, 2005
NIH Loan Repayment Program, Awarded 2005
NIH K30 Research Fellow, University of Kansas Medical Center, 2004-present
Competitive Travel Awards, Department of Psychology, Colorado State University, 2000-2003
Elected Co-Chair, Graduate Student Organization, Arizona State University, 1998-2000
Suma Cum Laude, Graduate with Highest Honors, University of Texas, 1997
Honors Mathematics Program, University of Texas, 1994

GRANTS AND OTHER RESEARCH

Pending:

NIH R21 Befort, CA (PI) submitted 2/07, not funded
Enhancing Behavioral Obesity Treatment for African American Women
This two-year project will develop and test the impact of a prepackaged food protocol as an added component to a culturally-adapted behavioral weight loss program for African American women.
Role: Principal Investigator

NIH R01 Savage, C (PI) submitted 2/07, 174 priority score
Brain Function Predictors and Outcome of Weight Loss and Weight Loss Maintenance
This four-year project will use a fmri food motivation paradigm to characterize brain activation underlying food motivation among healthy weight and obese adults and to identify brain activation predictors of weight loss and weight loss maintenance among obese adults who participate in a 12-week behavioral weight loss program.
Role: Co-Investigator

Active:

American Cancer Society Befort, CA (PI) 01/06 – 12/09
Bridging the Gap in Cancer Disparities among Obese African American Women
This pilot project is examining the benefit of individual counseling using motivational interviewing for improving adherence to a group-based weight loss intervention among obese African American women.
Role: Principal Investigator

Research Institute, Inc., KUMC Befort, CA (Co-PI) 02/06 – 08/07
Improving Adherence to a Weight Loss Program among Obese African American Women
This clinical pilot grant provides supplemental funds for the above project.
Role: Co-Principal Investigator

NIH R01 DK076063 Donnelly, J (PI) 06/07 – 06/12
Equivalent Weight Loss for Phone and Clinic Weight Management Programs
RCT comparing weight management clinics using prepackaged food and behavioral strategies delivered face-to-face or totally over the phone.
Role: Co-Investigator

NIH R01 DK049181 Donnelly, J (PI) 06/05 – 06/10
Long-Term Exercise, Weight Loss and Energy Balance
RCT examining the effect of long-term (10 months, 5 days/week) supervised exercise with ad libitum diet on weight loss among men and women randomized to one of three groups: 400 kcal/exercise session, 600 kcal/exercise session, or a no exercise control.
Role: Leading a supplemental research project examining exercise-induced affect, perceived exertion, and use of cognitive distraction.

NIH K23 HL085125 Ely, A (PI) 04/07 – 03/12
Impacting Obesity in Rural Primary Care Settings
A pilot randomized trial examining a chronic care model for treating obesity in rural primary care settings.
Role: Co-Investigator

Pfizer Faculty Scholar Award in Public Health Nollen, N (PI) 07/04 – 06/07
The School Environment, Obesity, and Health Behaviors among Adolescents
A two-year project examining the relationship between school environment and obesity and school personnel's perceptions of factors and policies related to childhood obesity.
Role: Co-Investigator

Past:

American Heart Association Charbonneau Ely, A (PI) 01/05 - 12/06
Reducing Obesity in Rural Kansas Primary Care Settings
A two-year project examining the effectiveness of a chronic care model incorporating motivational interviewing for treating obesity among primary care patients in rural Kansas.
Role: Co-Investigator

Sunflower Foundation 02-103-26 Greiner, KA (PI) 07/03 – 06/04
Obesity in Rural Primary Care Practice
A clinic-based observational study evaluating the prevalence of obesity in rural primary care practices and assessing patient and physician related barriers to addressing obesity in the primary care setting.
Role: Co-Investigator

NIH R01 CA085930 Ahluwalia, JA (PI) 04/01 - 03/05
Health Behaviors of Smokers in Public Housing
RCT assessing a smoking cessation and FV intervention incorporating motivational interviewing among low-income public housing residents.
Role: Postdoctoral Fellow

NIH R01 CA91912 Ahluwalia, JA (PI) 09/01 - 08/05
Helping African American Light Smokers Quit
RCT assessing the efficacy of nicotine gum and motivational interviewing for smoking cessation among inner city African American light smokers.
Role: Postdoctoral Fellow

Centers for Disease Control and Prevention Deffenbacher, JL (PI) 01/02 – 12/07
Understanding and Treating High Anger Drivers from Rural and Non-Rural Backgrounds
Five-year CDC-funded project examining the psychological and behavioral correlates of high risk driving and evaluating the effectiveness of three forms of cognitive-behavioral treatment for anger.
Role: Graduate Research Assistant (involved in all phases of research)

Memorial Sloan-Kettering Cancer Center Kattan, MW (PI) 03/00 – 10/03
Development and Validation of a Novel, Comprehensive and Multidimensional Health Related Quality of Life Instrument for Men with Localized Prostate Cancer.
Development of a disease-specific HRQoL measure and examination of differences across three treatment groups—brachytherapy, external radiation therapy, and prostatectomy. Unfunded dissertation.
Role: Data analyst and Lead Author

Colorado State University Befort, CA (PI) 09/00 – 04/01
Gender Differences in Reaction to Figure-Size Feedback
Independent graduate research project using an experimental manipulation to examine gender differences in reaction to randomly assigned figure-size feedback. Unfunded project.
Role: Primary Investigator

Arizona State University Robinson-Kurpius (PI) 09/99 – 04/01
Psychosocial and Health Factors Affecting First-Year College Adjustment
Prospective cohort study among first-year college students examining stress, social support, health behaviors, and college retention. Unfunded thesis project.
Role: Graduate Research Assistant and Lead Author (involved in all phases of research)

PUBLICATIONS

Nollen, N., **Befort, C.A.**, James, A., Mayo, M., Kaur, S., & Ahluwalia, J.S. (in press). Psychosocial predictors of changes in fruit and vegetable consumption among public housing residents enrolled in Pathways to Health trial. *Health Psychology*

Nollen N.L., **Befort C.A.**, Snow, P., Daley C.M., Ellerbeck, E.F., and Ahluwalia, J.S. (2007). The school environment and adolescent obesity: Qualitative insights from high school principals and food service personnel. *International Journal of Behavioral Nutrition and Physical Activity*, 4:18. (18 May 2007)

Foley Nicpon, M., Huser, L., Hull Blanks, E., Sollenberger, S., **Befort, C.**, & Robinson Kurpius, S. E. (2007). The relationship of loneliness and social support with college freshmen's academic performance and persistence. *Journal of College Student Retention: Research, Theory, & Practice, 8(3),* 345-358.

Befort, C.A., Greiner, K.A., Hall, S., Pulvers, K.M., Nollen, N.L., Charbonneau, A., Kaur, H., & Ahluwalia, J.S. (2006). Weight-related perceptions and expectations among patients and their physicians: How well do physicians judge their patients' motivation to lose weight? *Journal of General Internal Medicine, 21,* 1086-1090.

Befort, C.A., Thomas, J.L., Rhode, P.C., Daley, C.M., & Ahluwalia, J.S. (2006). Perceptions and beliefs about body size, weight, and weight loss among obese African American women: A qualitative inquiry. *Health Education and Behavior (Online First, published on November 29th, 2006)*

Befort, C.A., Kaur, H., Nollen, N., Nazir, N., Sullivan, D., Choi, W.S., Hornberger, L., & Ahluwalia, J.S. (2006). Fruit, vegetable, and fat intake among Black and White adolescents: Associations with home availability and food consumption settings. *Journal of the American Dietetic Association, 106(3),* 367-373.

Befort CA, Zelefsky MJ, Scardino PT, Borrayo E, Giesler RB, Kattan MW. (2005). A measure of health-related quality of life among localized prostate cancer patients: Results from on-going scale development. *Clinical Prostate Cancer, 4(2),* 100-108.

Lowery, S. E., Robinson Kurpius, S. E., **Befort, C.A.,** Hull Blanks, E., Sollenberger, S., Foley Nicpn, M. Huser, L. (2005). Body image, self esteem, and health-related behaviors among first year male and female college students. *Journal of College Student Development, 46,* 612-623.

Hull Blanks, E., Robinson Kurpius, S. E., **Befort, C.**, Sollenberger, S., Foley Nicpon, M., & Huser, L. (2005). Career goals and retention-related factors among college freshmen. *Journal of Career Development 32(1),* 16-30.

Befort, C. A. & Rickard, K.M. (2003). Gender similarities in response to figure-size feedback in a selected non-clinical population. *Sex Roles, 49,* 71-80.

Befort, C. A., Robinson-Kurpius, S.E., Hull-Blanks, E., Nicpon, M.F., Huser, L, & Sollenberger, S. (2001). Body image, self esteem, and weight-related criticism from romantic partners. *Journal of College Student Development, 42,* 407-419.

Under Review:

Befort C, Nollen N, Ellerbeck E, Sullivan D., Thomas, J., & Ahluwalia, JS. (under review). Motivational interviewing for improving outcomes of a behavioral weight loss program for obese African American women: A pilot randomized trial.

Befort, C., Stewart, E., Smith, B., Gibson, C., Sullivan, D., & Donnelly, J. (under review). Weight loss maintenance, behaviors, and barriers among previous participants of a university-based weight control program.

Thomas, J.L., Stewart, D.W., Daley, C.M., **Befort, C.A.**, James, A.S., Snow, P.M., Ahluwalia, J.S. (under review). Knowledge and beliefs about smoking among low-income African Americans with diabetes: A qualitative inquiry.

Rhode, P.C., **Befort, C.A.,** & Lee, R.E. (under review). Factors impacting obesity and attempted weight loss attempts among rural patients.

Ely A, Bannit A, **Befort C**, Hou Q, Rhode P, Grund C, Greiner A, Jeffries S, Ellerbeck E. (under review). Kansas Primary Care Weighs In: A Pilot Randomized Trial of a Chronic Care Model Program for Obesity in Three Rural Kansas Primary Care Practices

Davis, A.M., James, R.L, Boles, R., Goetz, J., Sullivan, D.K., Donnelly, J.E., Belmont, J.M., Nollen, N. & **Befort, C**. (under review). A novel individually tailored letter based approach for the prevention of overweight in school-age children.

PUBLISHED ABSTRACTS

Nollen, N, **Befort, C**, Davis, A, Snow, P, & Daley, C. (2007, March). The school environment and adolescent obesity: Qualitative insights from schools. *Annals of Behavioral Medicine, 33(Suppl),* S194.

Befort, CA, Thomas JL, Daley, CM, Rhode, PC, & Ahluwalia, JS. (2006, March). Perceptions of body size, weight, and weight loss among obese African American women. *Annals of Behavioral Medicine*

Befort, CA, Dutton, GR, Rhode, PC, Martin, PD, & Brantley, PJ. (2006, May). The relationship between dietary and physical activity change among African American women in a weight loss trial. *Medicine and Science in Sport and Exercise, 38(5 Suppl),* S178.

Befort C, Nollen N, Kaur H, Sullivan DK, Nazir N, Choi WS, Ahluwalia JS. (2005, April). Fruit, vegetable, and fat intake among adolescents. *Annals of Behavioral Medicine*

Befort, CA, Borrayo, EA, Zelefsky, MJ, Scardino, PT, & Kattan, MW (2004, March). Aspects of health-related quality of life among prostate cancer patients: Development of a new measure. *Annals of Behavioral Medicine, 27(Suppl),* S017.

Befort, C. A., Hansen, J., Fangman, M.P., & Scott, M.T. (2002). Support services in a private oncology clinic: A cost-benefit analysis. *American Society of Clinical Oncology Program/Proceedings, 21*, 2887.

Befort, C., White, M.A., Blaisdell, S. & Anderson-Rowland, M. (1999). Recruiting women into engineering graduate school. In S.L. Blaisdell (Ed.) *Women in Engineering Conference: Moving beyond individual programs to systemic change* (pp. 175-178). Lafayette, IN: Purdue University Press.

PRESENTATIONS

Smith, B.K., DuBose, K., **Befort, C.**, Donnelly, J. (2007, April). Changes in the prevalence of metabolic syndrome in elementary school children following a 3 year school based physical activity intervention. *Poster presentation at the 2007 Experimental Biology Annual Meeting, Washington, DC.*

Nollen, N., **Befort, C.**, Daley, C., Snow, P., & Ahluwalia, J. (2007, March). The school environment and adolescent obesity: Qualitative insights from schools. *Poster presentation at the 2007 Annual Meeting of the Society of Behavioral Medicine, Washington, DC.*

Thomas, J.L., Stewart, D., Lynam, I., Daley, C., **Befort, C.,** & Ahluwalia, J.S. (2007, March). Social support needs of African American women in a weight loss attempt. *Poster presentation at the 2007 Annual Meeting of the Society of Behavioral Medicine, Washington, DC.*

Befort, C.A., Dutton, G.R., Rhode, P.C., Martin, P.D., & Brantley, P.J. (2006, June). The relationship between dietary and physical activity change among women in a weight loss trial. *Poster presentation at the 2006 Annual Meeting of the American College of Sports Medicine, Denver, CO.*

Befort, C.A., Thomas J.L., Daley, C.M., Rhode, P.C., & Ahluwalia, J.S. (2006, March). Perceptions of body size, weight, and weight loss among obese African American women. *Poster presentation at the 2006 Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.*

Befort C, Nollen N, Kaur H, Sullivan DK, Nazir N, Choi WS, Ahluwalia JS. (2005, April). Fruit, vegetable, and fat intake among adolescents. *Poster presentation at the 2005 Annual Meeting of the Society of Behavioral Medicine, Boston, MA.*

Befort, C. A., Borrayo, E. A., Zelefsky, M. J., Scardino, P. T., & Kattan, M. W. (2004, July). Aspects of health-related quality of life among prostate cancer patients: Differences across three treatment groups. *Poster session presented at the Annual Convention of the American Psychological Association, Honolulu, HI.*

Befort, C. A., Borrayo, E. A., Zelefsky, M. J., Scardino, P. T., & Kattan, M. W. (2004, March). Aspects of health-related quality of life among prostate cancer patients: Development of a new measure. *Poster session presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MA.*

Regev, L. G., Wilbourne, P. W., Banthia, R., **Befort, C**., Spira, A., Chapman, J., Hall, R., & Cordova, M. (2004, March). Enhancing team functioning in primary care. *Poster session presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MA.*

Befort, C. A., Deffenbacher, J. L., Richards, T. A., & Cato, J. (2002, August). Using substances to reduce negative feelings: A test of self-medication hypotheses in a non-clinical college population. *Poster session presented at the Annual Convention of the American Psychological Associatio, Chicago, IL.*

Richards, T.L., Deffenbacher, J. L., Cato J. E., & **Befort, C. A.** (2002, August). Low and high anger drivers with and without admitted problems. *Poster session presented at the Annual Convention of the American Psychological Association, Chicago, IL.*

Befort, C.A., Deffenbacher, J. and Lynch, R.S. (2002, April). Factor analysis of the driving anger scale. *Poster session presented at 72nd Annual Convention of the Rocky Mountain Psychological Association, Park City, UT.*

Befort, C. A., Deffenbacher, J. L., Richards, T. L. & Lynch, R. S. (2002, April). The revised driving anger scale: Relationship to thoughts, expression, and behaviors. *Poster session presented at the Annual Convention of the Rocky Mountain Psychological Association, Park City, UT.*

Befort, C. A. & Rickard, K. M. Gender differences in response to figure-size feedback. (2002, April). *Poster session presented at the Annual Convention of the Rocky Mountain Psychological Association, Park City, UT.*

Robinson Kurpius, S. E., Foley Nicpon, M., Hull Blanks, E., Sollenberger, S., Huser, L, & **Befort, C.** (2002, April). Psychosocial factors in the lives of college freshmen. *Paper presented at annual meeting of the American Educational Research Association, New Orleans, LA.*

Befort, C. A., Robinson-Kurpius, S.E., Hull-Blanks, E., Nicpon, M.F., Huser, L, & Sollenberger, S. (2001, April). Body image, self esteem, and weight-related criticism from romantic partners. *Paper presented at the annual meeting of the American Educational Research Association, Seattle, WA.*

Befort, C. Recruiting women into engineering graduate school. (1999, June). Paper presented at *WEPAN National Conference, San Antonio, TX.*

Befort, C. Women in Engineering Scholars Program. (1998, April). Paper presented at *Frontiers in Education National Conference, Tempe, AZ.*

Befort, C. Student-athletes and the transition to college: A mentor program preliminary evaluation. (1997, April). Paper presented at *Southwest Regional Sports Psychology Conference, College Station, TX.*

CLINICAL EXPERIENCE

SWING Swope Health Central Weight Loss Program for African American Women
May 2006 – November 2006
Director and interventionist for group-based cognitive-behavioral treatment of obesity for primarily low-income AA women. Clinical Supervisor for three clinical psychology doctoral students enrolled in practicum credit hours. Supervision of individual counseling sessions informed by motivational interviewing and cognitive-behavioral group sessions.

KU Weight Control Research Program
November 2005 – present
Interventionist for group-based, cognitive-behavioral treatment for obesity among predominantly Caucasian, middle class adults. Director Joe Donnelly, PhD.

VA Palo Alto Healthcare System, Behavioral Medicine
September 2003 – August 2004
Twelve-month predoctoral internship rotation, 20 hours/week. Provided assessment, consultation-liason, and brief to long-term psychotherapy for a diverse veteran population with primary medical diagnoses accompanied by psychological disorders. Treated patients for obesity, smoking, medication non-compliance, sleep disorders, psychosomatic disorders, personality disorders, mood disorders, anxiety disorders, and adjustment disorders. Healthcare team member in primary care, chronic pain, and hematology/oncology clinics.

VA Palo Alto Healthcare System, Medical Neuropsychology Consultation
September 2003 – February 2004
Six-month predoctoral internship rotation, 20 hours/week. Neuropsychological assessment and consultation to medical providers for a diverse veteran population, predominantly dementia patients. Completed 1 to 2 neuropsychological batteries, reports, and consultation per week.

VA Palo Alto Healthcare System, Outpatient Mental Health Clinic
February 2004 – August 2004
Six-month predoctoral internship rotation, 20 hours/week. Provided outpatient individual and group therapy for veterans with serious mental illness. Treated patients with depression, phobia, post-traumatic stress disorder, substance abuse disorders, and personality disorders.

Rehabilitation Associates of Northern Colorado
July 2002 – July 2003
One-year, 10-15 hours/week. Provided outpatient neuropsychological assessment for dementia, traumatic brain injury, and stroke patients. Completed a full neuropsychological battery for 1 to 2 patients per week.

Hematology / Oncology Associates, Poudre Valley Health Care System
May 2001 – May 2002
One year, 20 hours/week. Provided individual, couple, and group therapy for cancer patients and their family members; consulted with medical staff. Facilitated three groups: advanced cancer supportive-expressive group, breast cancer supportive-expressive group, and general psychoeducational/support group.

Psychological Services Community Center, Colorado State University
June 2001 – June 2003
Two years, 5-10 hours/week. Assessment and brief to long-term individual and group therapy with community-based, predominantly low-income children and adults with a range of diagnoses. Treated clients with depression, personality disorders, and adjustment disorders. Facilitated a social skills training group for children with Asperger's Syndrome.

University Counseling Center, Colorado State University
August 2000 – May 2001
One year, 15 hours/week. Provided long- and short-term psychotherapy with college population. Treated clients with depression, anxiety disorders, personality disorders, adjustment disorders, and substance abuse disorders.

Phoenix Job Corps
August 1999 - May 2000
One-year masters level internship, 20 hours/week. Provided individual and group psychotherapy with diverse population of low-income adolescents and young adults. Treated clients with adjustment disorders, substance abuse disorders, mood disorders, poor anger management, and a history of traumatic life experiences. Consulted with on-site psychiatrist.

Center for Academic Precocity, Arizona State University
September 1998 - June 2000
Two years, 5-10 hours/week. Assessment of cognitive abilities for children ages 4 to 10 years-old. Completed intelligence and achievement assessments for 1 to 2 children per week.

Counseling Training Center, Arizona State University
Summer 1999
Three-months, 30 hours/week. Short-term individual and couples psychotherapy with low-income community-based population. Treated clients with marital problems, depression, history of traumatic life experiences, adjustment disorders, and mood disorders.

TEACHING

Course Taught:

Abnormal Psychology, Summer 2001. Required course for undergraduate psychology majors. Approximately 35 students; positive evaluations from both students and teaching mentor. Colorado State University.

Seminars, Guest Lectures, and Educational Small Groups:

Motivating Healthy Behavior Change, February 2007. One-hour lecture for core curriculum for first-year medical students. University of Kansas Medical Center.

Medical Education Small Groups, Winter 2007. Educational facilitator for four 2-hour discussion groups with first-year medical students. Topics related to interpreting and understanding medical research.

Physical Activity and Public Health, March 2006. Three-hour invited lecture for required MPH course, Behavioral and Social Aspects of Public Health. University of Kansas Medical Center.

Transtheoretical Model, March 2005 and February 2006. Two-hour invited lecture for required MPH course, Behavioral and Social Aspects of Public Health. University of Kansas Medical Center.

Medical Ethics, Winter 2006. Discussion leader for six-week small group; required course for second-year medical students. University of Kansas Medical Center.

Patient Education on Diabetes Management, Stress, Exercise, and Weight Loss, Fall 2003-Fall 2004. Series of seminars given to patients with diabetes. VA Palo Alto.

Women and Substance Abuse, May 2003. One-hour invited lecture for Psychology of Gender undergraduate course. Colorado State University.

Gender and Cognitive Abilities, Sept 2001. One-hour invited lecture for Psychology of Gender undergraduate course. Colorado State University.

Defining Gender, August 2001. One-hour invited lecture for Psychology of Gender undergraduate course. Colorado State University.

Gender and Health, October 2001. One-hour invited lecture for Psychology of Gender undergraduate course. Colorado State University.

Health Psychology, Nov 2000. Guest lecture for Introductory Psychology undergraduate course. Colorado State University.

Sensation and Perception, Oct. 2000. Guest lecture for Introductory Psychology undergraduate course. Colorado State University.

Stress Management, Oct 1999 – April 2000. Numerous seminars given to a variety of undergraduate courses. Arizona State University.

Diversity and Cultural Sensitivity, Fall 1999 – Fall 2000. Small group discussion leader for three, eight-week groups, entitled "Voices of Discovery," designed to increase communication among diverse undergraduate students. Required component of multiple diversity courses. Arizona State University.

MPH Capstone Project/Thesis Chair:

2006	Jessica Wright	*Needs Assessment of Health Literacy Levels of Hispanic Patients at the Duchesne Clinic*	MPH Completed
2006-present	Kuda Chimanya	*A Workplace Diet and Physical Activity Intervention at Truman Medical Center*	MPH (expected Fall '07)

MPH/Dissertation Committees and Advising:

2006	Chelsea Pleming	MPH Capstone Committee Member
2006-present	Stephanie Wallio	Clinical Health Psychology Dissertation Committee Member
2006-present	Sonya Cox	MPH Capstone Committee Member and Practicum Site Mentor
2006-present	Samantha Machen	MPH Capstone Committee Member
2006-present	Daniel Sanford	MPH Student, Academic Advisor
2006-present	Mallik Reddy	MPH Student, Academic Advisor

2006-present Lindsey Perkins MPH Student, Academic Advisor

Formal Training in College Instruction:

2001 College Teaching Seminar Course, Semester-long course, Colorado State University. Taught by F. Vattano, Ph.D., recipient of APA Award for Distinguished Teaching in Psychology.

2001 Graduate Teaching Assistantship, History of Psychology, Colorado State University. Mentored by W. Viney, Ph.D., University Distinguished Teaching Scholar and former President of APA Division of History of Psychology.

2000 College Teaching Workshop, two-day workshop, Colorado State University.

PROFESSIONAL ACTIVITIES

Review Activities:

2002 Reviewer, *Journal of Education and Psychology Measurement*
2003 Reviewer, *Sex Roles*
2003-2005 Review Panel, APA Division 12 Program Committee
2004- Review Panel, Society of Behavioral Medicine Program Committee
2006- Reviewer, *Health Education Research*
2006- Reviewer, *Journal of the American College of Nutrition*
2006- Review Panel, *American Journal of Health Behavior*
2006- Reviewer, *Annals of Behavioral Medicine*
2007- Reviewer, *Research Quarterly for Exercise and Sport*
2007- Reviewer, *Women's Health Issues*

Committees:

2000 Member, Conference Planning Committee, RACE: Relevance of Assessment & Culture in Eval
2000-2003 Member, Student Diversity Initiative, Dept of Psychology, Colorado State University
2002 Selection Committee Member, Hyde Graduate Student Research Grant, APA Division 35
2002 'Subject Expert" for Examination for Professional Practice in Psychology, Colorado St Univ.
2002-2003 Faculty Liaison, Student Task Force, Dept of Psychology, Colorado State University
2003-2004 Member, Intern Seminar Committee, VA Palo Alto Healthcare System
2005-2006 Member, Postdoctoral Policy Implementation Committee, University of KS Medical Center
2006- Full Member, Kansas Masonic Cancer Research Institute, University of KS Medical Center
2007 Reviewer, University of Kansas Medical Center Student Research Forum (April)
2007- Co-chair, Obesity Special Interest Group, Society of Behavioral Medicine

PROFESSIONAL AFFILIATIONS

Society of Behavioral Medicine
North American Association for the Study of Obesity
American College of Sports Medicine
American Psychological Association and Division 38, Health Psychology
Association for Behavioral and Cognitive Therapies